

## CLAIMS

I claim:

1. (Currently Amended): A sleeping pad comprising:
  - a mat with a top end and a bottom end, an upper surface and a back surface;
  - a pillow at or near the top end of said mat;
  - a storage pouch on the upper surface of the mat at or near said bottom end of said mat, the storage pouch being equal in width to the mat; and
  - a blanket attached to said storage pouch;wherein the storage pouch comprises a lower half that is a portion of the upper surface of the mat and an upper half that is a flap ~~extending over~~ on the upper surface of the mat, the upper half having a bottom edge and two side edges that are attached to said mat, and a top edge that is the extremity of the pouch nearest the top end of the mat, wherein said top edge is unattached from said mat to form an opening into the storage pouch that is adapted to receive the portion of the mat not covered by the pouch.
2. (Canceled)
3. (Canceled)
4. (Previously Presented) A sleeping pad according to Claim 1, wherein said blanket is detachable from and reattachable to said storage pouch.
5. (Previously Presented): A sleeping pad according to Claim 4, wherein said blanket is attached and detached with a hook and loop connection system.

6. (Currently Amended): A sleeping pad according to Claim 5, wherein said blanket comprises an extension portion having a blanket fastener and the upper half of the storage pouch comprising a bottom surface at or near the top edge of the upper half having a cooperating pouch fastener, and wherein the blanket extends into the storage pouch to contact the bottom surface of the upper half of the pouch and the blanket fastener connects to the pouch fastener, and wherein the storage pouch fastener is adapted to fasten to said back surface of the mat, when the blanket is removed from the pouch fastener, to close the storage pouch.

7. (Currently Amended): A sleeping pad according to Claim 1, wherein the mat top end rolls into the storage pouch and the sleeping pad further comprises a hook and loop connector system for closing the storage pouch with the mat substantially contained within the storage pouch, wherein said hook and loop connector system comprises a pouch opening fastener on the upper half of the storage pouch that connects to a fastener on the back surface of the mat.

8. (Previously Presented): A sleeping pad according to Claim 1, wherein the pillow is integral with the mat.

9. (Previously Presented): A sleeping pad according to Claim 1, with a handle positioned on the bottom end of said sleeping pad.

10. (Previously Presented): A sleeping pad according to Claim 1, wherein said storage pouch comprises:

said pocket being generally equal in width to said mat and extending upward from said bottom end of said mat 1/6 – 1/3 of the way to the top end of the mat.

11. (Previously Presented): A sleeping pad according to Claim 10, wherein the blanket is generally rectangular and has a bottom edge, a top edge, sides edges, and two top corners and two bottom corners, and wherein said blanket is removably attached to the sleeping pad only at said bottom edge and said two bottom corners.

12. (Canceled)
13. (Original): A sleeping pad according to Claim 1, wherein the pillow is integral with the mat, the pillow is rectangular and the pouch is rectangular.
14. (Canceled)
15. (Currently Amended): A sleeping pad comprising:  
a mat with a foot end, a head end, an upper surface, and a back surface;  
a storage pouch on the upper surface of the mat at or near the foot end having an opening at an extremity of the storage pouch that is nearest the head end;  
wherein the mat is adapted to fold into a compact shape and be inserted into said storage pouch through the opening; and,  
wherein the storage pouch comprises an upper flap extending over the upper surface of the mat and the upper flap has a fastener on an interior surface of the upper flap storage pouch at or near the opening and wherein the mat has a fastener on the back surface; and,  
wherein the mat is folded from the head end into the storage pouch, and said ~~storage pouch~~ upper flap fastener attaches to said fastener on the mat back surface to hold the mat within the pouch and to close the pouch opening.
16. (Previously Presented): A sleeping pad as in Claim 15, wherein said pouch and said opening are the same width as the mat.
17. (Previously Presented): A sleeping pad as in Claim 15, comprising a pillow integral with the mat at said head end.
18. (Previously Presented): A sleeping pad as in Claim 15, comprising a pillow fastened to the mat at said head end.

19. (New) A sleeping pad consisting essentially of:
- a mat with a top end, a central portion, and a bottom end, an upper surface and a back surface;
  - a pillow at or near the top end of said mat;
  - a storage pouch on the upper surface of the mat at or near said bottom end of said mat;
- and
- a blanket attached to said storage pouch;
- wherein the storage pouch comprises a lower half that is a portion of the upper surface of the mat and an upper half that is a flap extending over the upper surface of the mat, the flap having a bottom edge and two side edges that are connected to said mat, and a top edge that is the extremity of the pouch nearest the top end of the mat, wherein said top edge is unattached from said mat to form an opening into the storage pouch that is adapted to receive the top end and central portion of the mat.